

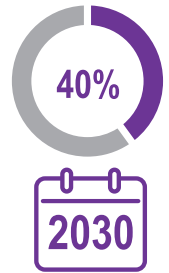
# AGING POPULATION STUDY

## City of Albuquerque

The percentage of older adults in Bernalillo County is increasing at a higher rate compared to that of younger age groups. Decreased population growth means there are fewer younger people contributing to the economic and social systems that support dependent populations, including older adults.

Bernalillo County's older adults will make up over 40% of the County's population in 2030

*(Human Services Department of New Mexico, 2021)*



### WE ARE AGING

#### NEW MEXICO'S AGING POPULATION



- The older adult population is increasing
- The percentage of older adults to younger adults is higher
- Birth rates have become stagnant

Our community must understand that we all, young and old play a part in population aging, regardless of our chronological age. That understanding will lead us to a more vibrant community for all.

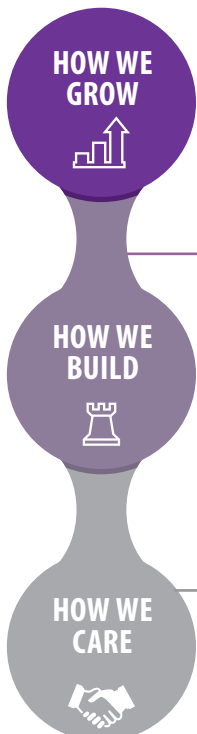
### CITY GROWTH

Cities that want to be competitive and thrive – must address aging in all aspects.

1. Make aging a **top priority**
2. **Influence** City's plans for economic growth, urban development, and the expansion of health and community services
3. **Advocate** to engage younger generations to prepare for longer lives.



### A CALL TO ACTION



#### Build Capacity within Department of Senior Affairs

- Advocate to incorporate aging programming into all areas of urban, civic, and community growth
- Augment and improve existing programs
- Identify new programs that support initiatives

#### Age-inclusive City Design

- Urban features and transportation systems that allow people of all ages and abilities to live well and stay connected to their communities

#### Age-Forward Economic Development

- Economic development through job creation and age-friendly workforce
- Support older adult entrepreneurship

#### Resilient Networks for Healthy Aging

- Build partnerships among government, businesses, and community-based organizations
- Partnerships and collaborations that promote healthy aging and increase access to care and health resources

#### Influence Longevity of Aging

- Incorporate aging programming into every aspect of the City's growth
- Encourage intergenerational involvement advocating aging issues

### STRATEGIC FRAMEWORK FOR AGING



#### Pre and Post Pandemic Impacts

- **Engage** surveys and evaluations of existing programs and services
- **Build** capacity internally and externally to outreach and engage community partnerships



#### Utilize Existing Asset Inventory

- **Lead** Age-friendly Committee of engaged stakeholders
- **Develop** policies and recommendations for all areas of City growth