



## **Telehealth-Home Visiting** *Babies DO Come with Instructions!*

It's okay to be nervous. Bringing a child into the world is a major life event and during the COVID-19 pandemic there are so many unknowns. One thing is for certain, we are here to support you.

### **Telehealth-Home Visiting**

Telehealth-Home Visiting is the delivery of a curriculum of health, well-being and school readiness via phone or video conferencing. The service includes Enhanced Referral, which is a case management system to connect you to vital resources and services.

### **What you can Expect**

- Information on your baby's brain development
- Support in meeting developmental milestones
- Access to many helpful family resources
- Labor and delivery preparation
- Support for breastfeeding
- Nutrition guidance for baby and parents
- Tips on how to advocate for your child
- Prenatal and post-partum support
- Fun art and learning activities

### **Opportunity to Learn and grow**

We provide you with an opportunity to learn and grow with your new baby. Beginning while you're pregnant and journeying with you weekly until your child's 3rd birthday. You get support with the security of knowing you are minimizing exposure to COVID-19.

### **Need to Know**

1. Telehealth-Home Visits are conducted via phone or video conferencing
2. There are no income requirements
3. We support ALL families
4. You receive this valuable support without risk of exposure to COVID-19
5. Our program supports your language and culture

## **REGISTER HERE**

### **Contact Us**

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