



## human resources

### INSURANCE AND BENEFITS

City of Albuquerque

Mayor Tim Keller

Dear City of Albuquerque Employees,

The City of Albuquerque is dedicated to providing a comprehensive and affordable benefits package for our employees. This year, we are thrilled to announce significant enhancements to our benefits program based on invaluable feedback received from you. In response to your desire for choice in medical providers, we are proud to welcome two new medical administrators to the City of Albuquerque: Blue Cross/Blue Shield and United Health Care.

Blue Cross/Blue Shield has been selected to offer the freedom of choice, giving access to providers such as Lovelace, Optum, Lovelace Women's Hospital, Heart Hospital of New Mexico, and University of New Mexico Hospital. If you are content with your current provider, United Health Care offers access to Presbyterian providers and hospitals, including University of New Mexico Hospital, ensuring that your healthcare needs are met with convenience and efficiency.

We kindly request all employees make a new selection this year between Blue Cross/Blue Shield and United Health Care. Both providers also extend out-of-network options, affording you flexibility and control over your healthcare decisions. In addition, the City of Albuquerque has a new dental provider. Welcome to Blue Cross/Blue Shield of New Mexico, offering the same benefits with a reduced premium.

Please remember the BetterHealth Clinic is always available to covered members and their dependents. Office visits do not have a copay and services include urgent care, sports physicals and primary care. We encourage you to take advantage of our BetterHealth Onsite Clinic conveniently located at City Hall. The City BetterHealth Wellness program is also offered to all City employees. Thousands of employees and their dependents have already benefited from various wellness initiatives over the past few years, achieving goals such as weight loss, smoking cessation, enhanced nutrition, and stress management.

We also encourage you to explore the benefits of participating in our Flexible Spending Accounts (FSA). Whether it's covering expenses related to child or dependent care, medical supplies/services, prescriptions, or parking, our FSA program can help you save money by utilizing pre-tax dollars.

Please take a moment to review all your options for this year's Open Enrollment by visiting [cabq.gov/benefits](https://cabq.gov/benefits). We invite you and your family to attend one of the enrollment meetings scheduled across the City from May 1, 2024, through May 24, 2024. Should you have any questions or require further information regarding the benefit program or the BetterHealth Wellness Program, please do not hesitate to contact the Insurance & Benefits Division of the Human Resources Department at (505) 768-3700.

Thank you for your attention to this important matter. We look forward to your active participation in our enhanced benefits program.

**Dr. Samantha Sengel**, Chief Administrative Officer and  
**Tim Rivera**, Insurance & Benefits Manager, Human Resources

### Your Benefits are Changing

*NEW PROVIDERS AND  
NEW PLANS ARE BEING  
OFFERED THIS YEAR!*

The City of Albuquerque remains dedicated to providing a comprehensive and affordable benefit package.

**Open Enrollment**  
May 6–24, 2024

### Contact Information

Insurance & Benefits  
Division (HR Dept.)

**P.** 505-768-3700

**W.** [cabq.gov/benefits](https://cabq.gov/benefits)

All employees make a selection between Blue Cross/Blue Shield and United Health Care.



Scan the QR code for more info on meeting

schedules or to just review your options for this upcoming year!